

Suicide Prevention Training

In these tough economic times, are you worried about how the people close to you are weathering daily stressors? Do you see your family, friends, neighbors, or coworkers struggling with mental health issues and wonder how you can help? Through difficult times in the past our communities have survived and prospered because we pulled together and helped one another.

The Community for Hope of the Fox Cities is offering QPR (Question, Persuade, and Refer) training to help community members become gatekeepers: to recognize the warning signs of suicide, know how to offer hope, and know how to get help to potentially save a life.

QPR is a nationally recognized prevention program that teaches fundamental principles of prevention. QPR emphasizes that being able to identify the warning signs and intervening early reduces the risk of death by suicide.

Who: any interested community member

What: QPR Training

Where: Wichmann Tri-County Funeral Home, 3212 South Oneida St., Appleton (at the corner of 441 and South Oneida St.)

When: Tuesday, September 8, 6:30 to 7:30 pm

Fee: \$3 (pay at door) to cover the cost of booklet for your use

Contact Mary Sullivan (920) 740-9452 or communityforhopefc@gmail.com to register or with questions. **Registration is required to ensure sufficient materials for the training.**

For more information on this nationally recognized program, go to www.qprinstitute.com.



For more information on suicide prevention programming and support groups for those who lost a loved one to suicide, visit the website for Community for Hope of Greater Oshkosh, www.communityforhope.org or call the Executive Director, Mary VanHaute, at 920-680-4710.